



Outfield Defense

Reads, jumps, routes, communication, wall play, and arm strength. Premium edition includes prescribed drill blocks for advancing each level.

PLAYER: _____ AGE / LEVEL: _____ COACH: _____ DATE: _____

LEVEL	MASTERY CRITERIA	NEXT-LEVEL DRILL PLAN	MARK
ROOKIE BALL	Tracks fly balls into glove with two hands Communicates "I got it!" / "You!" loudly Hits the cutoff man on routine plays	Tracker drill, partner pop-flies, route-running progression.	☐
LOW-A	Drop-step on balls hit over the head Crow-hop transfer on throws to the infield Knows where to back up on plays	Drop-step drill, crow-hop reps, backup-role chart.	☐
HIGH-A	Reads ball off bat — good first step Catches over the shoulder on the run Throws on a line, hits relay on a hop	Pop-fly reads from contact point, line-drive reads, relay drill.	☐
DOUBLE-A	Average to plus jump on balls in the gap Plays the wall safely Makes the do-or-die throw home	Wall-work, situational fungo, do-or-die throw timing.	☐
TRIPLE-A	Plus range to either side, dives correctly Decoys runners with calm body language Pre-pitch positioning by hitter / pitcher tendency	Range-finder drill, situational chart memorization, video study.	☐
MAJOR LEAGUE	Top-tier OF arm + range for age Makes spectacular plays look routine Reads pitcher / hitter and adjusts during PA	Plyo-ball arm program, sprint program for jumps, pre-pitch routine drill.	☐
ALL-STAR	Recruitable / pro-level OF tools (5-tool prospect range) Elite jumps + routes confirmed by tracking data Plus arm at the position (CF: range; corner: arm)	Year-round elite maintenance: speed, arm, vision, recovery.	☐

HOW TO USE THIS RUBRIC

Evaluate the player against every level's criteria, lowest first.
Assign the highest level where they meet ALL criteria.
The next level's criteria become this season's focus.
Re-evaluate at mid-season & end-of-season checkpoints.

TYPICAL LEVEL BY AGE

4-6 (T-Ball)	Single-A → Double-A
7-8 (Coach Pitch)	Double-A → Triple-A
9-10 (Kid Pitch)	Triple-A → Major League
11-12 (Little League)	Low-A → Double-A
13-14 (Travel)	Double-A → Triple-A
15-16 (JV)	Triple-A → Major League
17-18 (Varsity)	Major League → All-Star
College / Elite	All-Star